

2012

# FCD

## 35 Years of Service



Intensive Student  
Education

Peer Leadership Training

Faculty and Staff  
Professional Development

Early Intervention  
Health Systems

FCD Student Attitudes  
and Behavior Survey™

Prevention Assessments

Comprehensive  
Prevention Planning

35 years

2,000,000 students

1,000 schools

60 countries

5 continents



*Prevention Works*



In 1976, Don Cutler and several of his friends launched a pioneering approach to substance abuse prevention in schools.

Since then, FCD (Freedom from Chemical Dependency) has become the leading international nonprofit provider of school-based substance abuse prevention services.

For most of these years, our primary service has been the FCD Four-Day Course, an intensive classroom-based student education program.

## Our Programs Today

FCD remains on the leading edge of the substance abuse prevention field by raising charitable funds to create innovative strategies. A result of FCD's vast experience, the research-based social norms approach to prevention now underlies all of our work. FCD's services include Intensive Student Education Seminars, Student Peer Leadership Training, Professional Development for school personnel, Early Intervention Health Systems, Prevention Assessments, Student Attitudes and Behavior Surveys and Comprehensive Prevention Planning for whole school communities.

## Our Prevention Team

Consisting of a small administrative staff in Newton, Massachusetts, and a cadre of highly trained prevention specialists, we provide our array of services throughout the U.S. and around the globe. An important element of our work is that our prevention specialists are themselves in healthy recovery from substance addictions. Annually, we reach an estimated quarter-of-a-million students at more than 400 schools worldwide.

Wherever we work, whether in the U.S. or abroad, our prevention specialists travel to school sites and provide our services directly with students, teachers, staff and parents. New prevention specialists receive basic training in our intensive education program, and veteran prevention specialists receive advanced training in a number of training and consulting roles on an annual basis. In addition, our regional officers and program services staff provide evaluation and training throughout the year, as needed, often using electronic means.

## Regionalization

Initially a Boston-area service provider, FCD has grown to be a leading resource for school-based substance abuse prevention worldwide. The first inkling of this growth came in 1994, when several schools in Southern California enlisted our services. In 1999, that led to our first hiring of prevention specialists residing there.

That experience became the model for our overall regionalization plan. We now have 31 prevention specialists resident in ten U.S. locations, as well as Latin America, Europe and Asia. Regionalization decreases travel expenses, affords more flexibility in scheduling and reduces "wear and tear" on our prevention specialists.

**Regional Management** – Regional officers assist in hiring, evaluating, training and supervising our regionalized staffs. They are also engaged in marketing, program development and fundraising efforts within their regional bases. Jointly, they form a support team to interface between our "road warriors," as we affectionately refer to our prevention specialists, and our program services, client relations and administrative services staffs.

**Collaborations** – Recognizing the power and cost-effectiveness of synergistic relationships, FCD is committed to seeking and developing collaborative arrangements with well-suited groups. For the past three years, we have operated a SALSA peer leadership training program in Roxbury and Dorchester with the Boston Learning Center. More recently, we signed an agreement with Family Health Productions for distribution of their "Words Can Work" video and print materials. Also, we are working with United Educators to provide online student education courses for their insurance clients, and we are providing a Spanish-language social norms survey to a Mexican-based prevention institute.



# 35 Years of Stewardship

## In Memoriam

Throughout its 35 years, FCD has been guided and supported by an eminent group of leaders who have served on the governing board or have made significant contributions in other ways. Among these abiding supporters whom we have recently lost:

**Jessie Sargent** led a life full of compassion and concern for the vulnerable in our society, which was in full evidence with her service to FCD as a founder and board member from 1977 to 1998.

**E. Miles Herter**, a board member from 1981 to 2012, was a leader in all respects, most especially in helping to assure the success of a \$1.1 million capital campaign, which made possible the acquisition of FCD's center of operations in Newton, named the Donald F. Cutler Prevention Center.

Other early board members who have passed away, with their years of service to FCD's board:

**John A. Paine, Jr.** (1976–2006)

**Charles C. Cabot, Jr.** (1977–1994)

**John J. Buckley** (1977–1988)

**Archer Harman, Jr.** (1979–2004)

**Kerry Lyne** (1979–1991)

**Peter D. Danforth** (1982–1997)



Governor Michael Dukakis and his wife Kitty are enthusiastically supporting the development of FCD and its Foundation Board.

## Governance and Stewardship

FCD is wisely evolving a stronger and more effective board leadership structure in order to mark the natural distinctions among the oversight, stewardship and advisory roles of governing boards – often referred to as the “work, wealth or wisdom” functions of trusteeship. To address these divisions and our geographic expansion, a multi-tiered board structure was created, as follows:

- **Executive Board** – Essentially the previous Board of Trustees, this board consists of members who can regularly participate, provide adequate oversight, act decisively when needed and bear full responsibility for corporate accountability.
- **Foundation Board** – The stewardship function requires a group that is prepared to give and/or raise substantial contributions and/or attract new clientele. This group will be organized to reflect FCD's national and international reach.
- **Advisory Board** – Like the Foundation Board, this group will be organized to reflect FCD's international scope. Its role will be to provide FCD with expert advice and assistance in its primary programmatic endeavors.

## The Cutler Society

In tribute to FCD's founding executives, Donald F. Cutler and his wife Lloyd, FCD has established a new giving category to honor its top donors over the years, as well as those who have participated in FCD's newly created planned giving program. The first bequests have come from John A. Paine, Jr., E. Miles Herter and Gilbert L. Steward, Jr.



1. Miles Herter
2. Jessie Sargent with her husband, Governor Francis Sargent
3. John Paine, Jr.
4. Peter Danforth
5. Charles Cabot, Jr.

# 35 Years of Support

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 Ms. Katherine C. Brady  
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 Mr. and Mrs. Ernest Singer



FCD Prevention Specialists Corey Manning, Glenn Hall, Rob Wharton, David Sherrell and Jerome Posey at FCD's annual advanced training in Essex, Massachusetts

Mr. and Mrs. Steve Lochte  
 Ms. Karen Coates  
 Ms. Annette Shakespeare  
 Ms. Rita Weissman  
 Mr. Marty Lidstun and Ms. Jill Leukndrot  
 Mr. and Mrs. John A. Golden  
 Mr. Leonard Foote  
 Mr. Rolande G. Dziembowski  
 Ms. Evette Richardson  
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 Ms. Beverly Marcus  
 Rev. Leo J. Daly, SJ  
 Mr. Kevin Gately  
 Mr. Donald F. Cutler, IV  
 Mr. and Mrs. Leon W. Bell  
 Mr. Paul Damon Littlefield  
 Ms. Jane Rice Wolf  
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 Mrs. Maureen Garrels  
 Mr. and Mrs. John U. Ingard  
 Ms. Carla S. Sampietro  
 Mr. Peter Spelke  
 Ms. Linda Gamble



FCD Prevention Specialists and Administration on the steps of Samuel Phillips Hall at Phillips Academy during FCD's annual program

Mr. and Mrs. Edward Soto  
 Ms. Aviva Bock  
 Dr. John S. Dacey  
 Mrs. Megan Ziminsky  
 Ms. Sarah Sasser  
 Ms. Anita Rae Simpson  
 Mr. and Mrs. Samuel R. Payson  
 Mr. and Mrs. Henry Arthur  
 Mr. and Mrs. Robert Bass  
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 Mr. and Mrs. John R. Chandler, Jr.

Mr. Daniel Looney, Jr.  
 Mrs. May Bartlett  
 Mr. and Ms. C. Richard Rayburn, Jr.  
 Parents Council of Greater Baltimore  
 Mr. and Mrs. Robert C. Pomeroy  
 Jeffrey P. Altman, Esq.  
 Southern Pines Parents Association  
 Mr. Martin Lobkowitz  
 RMR & Associates, Inc.  
 Ms. Roberta Pasternack  
 Mr. and Mrs. Christopher J. Egger

This is a listing of all contributions and grants from the founding through 2012.

# 35 Years of Stability

## Clientele

In its first two years, FCD's client base grew from one to five schools in the greater Boston area. Soon, word began to spread throughout the US, and to the UK. Today, FCD has served schools in more than 60 countries. Just in the past three years, 2009–2012, we have provided programs at 369 schools spread around the globe.

Region	Clients
New England US	70
Southeast US	67
Mid-Atlantic US	64
Pacific Southwest US	37
Europe	28
Asia	26
Southwest US	22
Latin America	20
Great Lakes US	15
Rocky Mountains US	11
Pacific Northwest US	4
Africa	4
Virtual Schools	1
<b>Total</b>	<b>369</b>

## Finances

During its first full year of operations, FCD had income of \$60,355 and expenses of \$58,147. That result of “black ink” has been the hallmark of FCD's financial management ever since, despite a few recessionary periods along the way.

For the most recently completed fiscal year:

### Balance Sheet

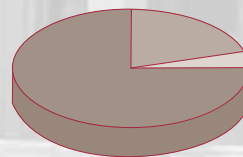
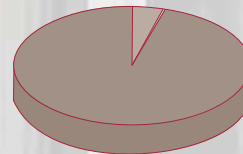
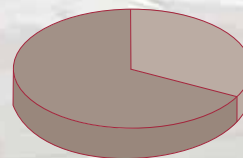
Assets	\$1,308,853
Liabilities	\$1,106,650
<b>Net Assets</b>	<b>\$202,203</b>

### Revenues

Program Fees	\$1,375,856
Contributions and Grants	\$101,335
Other Income	\$15,696
<b>Total Revenues</b>	<b>\$1,492,887</b>

### Expenses

Program Services	\$1,082,347
Management and General	\$248,461
Fundraising	\$117,759
<b>Total Expenses</b>	<b>\$1,448,567</b>



Note: Representations based on FCD's fiscal year 2011–2012 financial statements audited by G.T. Reilly & Company, CPAs, as of August 31, 2012.



FCD Educational Services, Inc.  
398 Walnut Street  
Newton, MA 02460

## Prevention Specialists

Timothy Ryan <i>Regional Officer</i>	Adam Lush
Maurice Soulis <i>Regional Officer</i>	Corey Manning
Renee Soulis <i>Regional Officer</i>	Julie Mermelstein
George Brown	Kenneth Osborne
Sarah Burrill	Angela Parker
Michael Connolly	Rodney Poole
Joseph Flood	Jerome Posey
Deirdre Flynn	Lynn Rosenbaum
Stephanie Haines	David Sherrell
Glenn Hall	Tricia Steen
Charlotte Kavanagh	Babette Stewart
Constance Kim	Barbara Sullivan
James Lingo	Eduardo Torres
Alejandro Lobo	John Tummon
	David Waterman
	Diana Wilson
	Kari Yuen

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Emmett E. Lyne, *Co-Chair and Secretary*

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William L. Chamberlin, *Assistant Treasurer*

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Jermaine L. Kidd

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Timothy Ryan, *Director of Client Relations*

Desirae M. Vasquez, *Director of Program Services*

Heather Fay, *Program Services Officer*

Mary C. Tripp, *Client Relations Officer*

Jennifer White, *Client Relations Officer*